

FACT SHEET



LOVE is...Leading Ourselves to Value and Excellence

- **Established:** May 2014
- **Founder:** Lori Minor
- **Mission Statement:** We recognize, encourage and equip young women of color with the tools they need to live a balanced, healthy, and enriched life through our LOVE Program (Leading Ourselves to Value and Excellence).
- **Vision:** Our vision is to operate with integrity as a resource for young women of color; to provide young women of color with access to social, educational and financial information and resources; to promote ALLOVEME as an environment of respect providing an opportunity for personal and professional growth through encouragement and edification for all who are associated with the organization.
- **Located:** Torrance, California
- **Services:** The ALLOVEME LOVE Program is a rotating series of engaging “conversations” on topics relevant to young women of color. The program is designed to impart life-affirming information and offer tangible resources through group meetings, events, lectures and workshops.

Our ALLOVEME Leaders (mentors) are public and private sector professional women of color who will be on hand to lead our participants through the program. Leaders will mentor participants by offering guidance, encouragement and affirmation sharing their own knowledge and experience.

- **Contact Information**
General: Lori Minor, 310-941-5012
Mail: Post Office Box 1373, Lomita, CA 90717
Email: info@alloveme.org
Website: www.alloveme.org
Media, Volunteers, Donations

L O V E Program
Leading Ourselves to Value and Excellence

REAL TALK for REAL LIFE

TOPICS

Social and Dining Etiquette

Proper consumption, conversation and appearance for socializing

Self-Image / Relationship Standards

Respecting self and others, develop worthiness, navigate external influences

Health, Fitness and Nutrition

Addressing physical needs, concerns and threats

Family Cycles

Learned behavior versus learning behavior, creating a legacy

Money Management & Financial Literacy

Budgeting, credit, planning, building

Our Children

Raising strong, confident children

Education

Utilizing opportunities for growth

Job and Career

Finding and fulfilling purpose

Self-Care

Balance of mind, body, and spirit

Leadership

Advancing self and others

Public Service/Pay it Forward

Creating the full circle of balance

Certification and Assessment

Completion recognition and evaluation

***“Our ultimate goal is to build beautiful, intelligent, successful, loving, strong, healthy women of color.” —
Founder***

