

Leading Ourselves to Value and Excellence

ALLOVEME is formed as a 501(c)(3) non-profit organization with the intent purpose of recognizing, encouraging and equipping young women of color with the tools they need to live a balanced, healthy, and enriched life.

We build:

SELF RESPECT

SELF CONFIDENCE

SELF SUFFICIENCY

and

LEADERSHIP SKILLS

ALLOVEME BOARD OF DIRECTORS

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Founder
Lori Minor

View our
2016 Program Schedule
at www.alloveme.org

ALLOVEME

A 501(c)(3) non-profit organization
serving young women of color.



ALLOVEME

If I only knew then...

We are needed!

An underserved population exists of young women of color between the ages of 18 and 29 that have not been afforded access to tangible resources for basic life sustaining information and experiences. These young women are not living to their full potential having never been exposed to the information and resources necessary to live a balanced, healthy, and enriched life.

Expectations are that these young women are adults who have direction in life and can make it on their own. We are needed to help them transition from young adulthood to womanhood by teaching them now what we wish we knew then.

ALLOVEME will target and recruit young women of color who possess one or more of the following characteristics:

- Is a single mother
- Has an interest in formal education
- Is seeking to obtain or advance in employment and/or career
- Desires independence and financial competence
- Is searching for culture, refinement, and/or sophistication
- Is seeking a healthy, balanced lifestyle

Our Vision

- To operate with integrity as a resource for young women of color.
- To provide young women of color with access to social, educational and financial information and resources.
- To promote ALLOVEME as an environment of respect providing an opportunity for personal and professional growth through encouragement and edification for all who are associated with the organization.

Our LOVE Program

The ALLOVEME LOVE Program is a rotating series of engaging “conversations” on topics relevant to young women of color. The program is designed to impart life-affirming information and offer tangible resources through group meetings, events, lectures and workshops.

Our ALLOVEME Leaders are public and private sector professional women of color who will be on hand to lead our participants through the program. Leaders will mentor participants by offering guidance, encouragement and affirmation sharing their own knowledge and experience.

REAL TALK for REAL LIFE

TOPICS

Social and Dining Etiquette

Self-Image – Respect - Relationships

Health, Fitness and Nutrition

My Legacy - Transforming Family Cycles

Money Management & Financial Literacy

Raising Strong, Confident Children

Education - Formal and Informal

My Life's Work – Career Possibilities

Self-Care – Strategies for Balance

Leadership – Advancing Self & Others

Public Service – Reach Back & Pay it Forward

Certification and Assessment

“Our ultimate goal is to build beautiful, intelligent, successful, loving, strong, healthy women of color.” — Founder

The TRUTH Hurts

- 67.5% of AfrAmer mothers in L.A. County are unwed.
- Only 24.5% of AfrAmer females in L.A., Long Beach and Riverside, 25 years and older, hold a bachelor's degree or higher.
- 59% of African Americans in Los Angeles County are affected by obesity.
- Single women of color are the biggest group of Americans with zero or negative net worth.
- The median annual income for African American female householder in L.A. is \$25K

Sources available upon request.

Invest & Advocate

The time is NOW! Here are ways you can invest in and advocate for young women of color:

1. Make a tax-deductible [Donation](#) - We currently accept cash, checks, credit cards and PayPal. We also welcome in-kind donations of products and services.
2. Become an ALLOVEME [Leader](#) - Mentor and guide our participants through our LOVE Program.
3. [Volunteer](#). We need volunteers to assist in facilitating our events.
4. Be an [Advocate](#). Visit our website for opportunities to ensure our future by supporting programs for young women of color, share your resources and engage in our online conversations.

Contact Us

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